Baby Massage Classes

A great way to bond with your baby.

Helps sleep patterns and aids the baby's

digestive system.

Baby Massage can also provide relief from wind, colic or constipation.







(Free) 5 Week Programme Suitable for all pre-crawling babies Classes are currently taking place online via zoom

For more information and to register contact:
Annemarie Ó Murchú
First3Years Initiative Development Officer
The Genesis Programme

annemarie.omurchu@cllp.ie or 087 2403847







